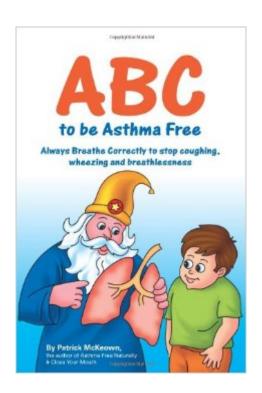
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# ABC To Be Asthma Free. Buteyko Clinic Self Help Book For Children





### **Book Information**

Paperback: 30 pages

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Average Customer Review: 5.0 out of 5 stars Â See all reviews (1 customer review)

Best Sellers Rank: #2,102,761 in Books (See Top 100 in Books) #15 in Books > Health, Fitness

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#### Customer Reviews

It has helped a lot in managing the asthma of my daughter, although at times we had to resort to medication. We have not yet followed the complete program. Not a substitute of the big book with all the explanations, but this one helps in making children understand what they have to do.

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